

Division	Duration of Match/Ball & Start Times	Pass-in/ Dribble-in or Throw-ins	Retreat Line on Goal Kicks	Retreat Line GK in Possession	Ball Crosses Goal Line	Off-Sides	Substitutions	Heading
U6 3v3 + GK	-Length of Match 3 x 5 = 15 min -Ball Size 3 -Tournament 3 x 5min	-Pass ins or Dribble ins -Opponents 2m away	½ way line	Attacking team must attempt to retreat, unless put in play before you can retreat	Goal Kick (No Corner Kicks) Ball can be put in play by passing in or dribble in anywhere from the goal area	None	Coaches can change players at ANY stoppage in play	No Heading
U8 5v5 + GK	-2 x 15 = 30 min -Ball Size 3 or 4 -Tournament 2 x 10min	-Pass ins or Dribble ins -Opponents 2m away	½ way line	Attacking team must attempt to retreat, unless put in play before you can retreat	Goal Kick Or Corner Kick	Relaxed	Coaches can change players at ANY stoppage in play	No Heading
U10 6v6 + GK	-2 x 20 = 40 min -Ball Size 4 or 5 -Tournament 2 x 15min	-Throw ins -Opponents 2m away	½ way line	Attacking team must attempt to retreat, unless put in play before you can retreat	Goal Kick Or Corner Kick	Relaxed	Substitutions on goal kicks, corner kick, half time, injuries, throw-in, Any stoppage in play with referee's consent	No Heading
U12 6v6 + GK	-2 x 25 = 50 min -Ball Size 5 -Tournament 2 x 15min	-Throw ins -Opponents 2m away	1/3 of field -use cones to mark	Attacking team must attempt to retreat, unless put in play before you can retreat	Goal Kick Or Corner Kick	Relaxed	Substitutions on goal kicks, corner kick, half time, injuries, throw-in, Any stoppage in play with referee's consent	Permitted
U14 7v7 + GK	-2 x 30 = 60 min -Ball Size 5 -Tournament 2 x 25min	-Throw ins -Opponents 2m away	Does NOT Apply	Does NOT Apply	Goal Kick Or Corner Kick	Yes in Full	Substitutions on goal kicks, half time, injuries, throw ins-piggy back allowed & goals	Permitted

DISL Outdoor Soccer Rules Matrix for Recreational/ House league